

SENIOR PROJECT SYLLABUS

Student: Anaya Patel

Project Title: The Impact of Education on Menstrual Stigma

Location: Virtual

BASIS Advisor: _____

On-Site Advisor: Laura Strausfeld, co-founder of [Period Equity](#)

On-Site Advisor Contact Information: _____

Mode of Daily Contact: Blog

Course Goals:

The Impact of Education on Menstrual Stigma has three main objectives. First, I will gain a comprehensive introduction to the world of politics with respect to civic engagement by creating my own educational curriculum and actively having discussions with local high schoolers. Second, I will research the most comprehensive and effective methods to engage with young people in pursuit of eradicating menstrual stigma. Third, through my internship with Period Equity, I will gain a more thorough understanding of the legal system and how litigation affects every-day citizens. Much energy will be directed towards researching and reading for my educational curriculum and creating the presentation.

Course Texts:

Weiss-Wolf, Jennifer. *Periods Gone Public: Taking a Stand for Menstrual Equity*. Arcade Publishing, 2017.

Stein, Elissa, and Susan Kim. *Flow: The Cultural Story of Menstruation*. St. Martin's Press, 2009.

Bobel, Chris, et al. *The Palgrave Handbook of Critical Menstruation Studies*. Springer Nature, 2020. [Sprinker Link](#),

The Lancet Child & Adolescent Health. "Normalising menstruation, empowering girls." *The Lancet*, vol. 2, no. 6, 2018, p. 379. *The Lancet*, [https://www.thelancet.com/journals/lanchi/article/PIIS2352-4642\(18\)30143-3/fulltext#%20](https://www.thelancet.com/journals/lanchi/article/PIIS2352-4642(18)30143-3/fulltext#%20).

Bobel, Chris, and Breanne Fahs. "From Bloodless Respectability to Radical Menstrual Embodiment: Shifting Menstrual Politics from Private to Public." *University of Chicago Press*, vol. 45, no. 4, 2020. *University of Chicago Press Journal*, <https://www.journals.uchicago.edu/doi/abs/10.1086/707802>.

Wilson, Emily, et al. "Dismantling menstrual taboos to overcome gender inequality." *The Lancet*, vol. 2, no. 8, 2018. *Science Direct*, <https://www.sciencedirect.com/science/article/abs/pii/S2352464218302098>.

Project Product Description:

I will write a report that includes the data collected through my research, my findings, and proposed solutions to minimize the effects of menstrual stigma among teenagers in Bexar County.

Weekly Schedule (14 weeks):

Week 1: February 22nd – February 26th

Overall Goals: Begin initial research by reading through journals and begin putting the menstrual education curriculum together based on readings.

Internship: Monday - Wednesday, 9 am - 2 pm CST

Independent Research: Thursday - Friday

Reading: Palgrave Handbook (chapters 1, 2, 7, 9, 11)

Week 2: March 1st – March 5th

Overall Goals: Continue research and note-taking in order to gather content for education curriculum. Contact organizations to present the curriculum to, including local clubs from different schools around San Antonio.

Internship: Monday - Wednesday, 9 am - 2 pm CST

Independent Research: Thursday - Friday

Reading: Palgrave Handbook (chapters 14, 15, 17 – 20)

Week 3: March 8th – March 12th

Overall Goals: Finish curriculum with the help of on-site advisor. Create the surveys for active data collection; make sure to include a written consent form within the survey.

Internship: Monday - Wednesday, 9 am - 2 pm CST

Independent Research: Thursday - Friday

Reading: Palgrave Handbook (chapters 25 – 28, 32, 34)

Week 4: March 15th – March 19th

Overall Goals: Present to at least 1 organization and begin analyzing the data from the surveys.

Internship: Monday - Wednesday, 9 am - 2 pm CST

Independent Research: Thursday - Friday

Reading: Palgrave Handbook (chapters 35, 38, 41, 56, 62, 71)

Week 5: March 22nd – March 26th

Overall Goals: Present to at least 1 organization and continue data analysis. Begin writing the report and inputting information into the presentation.

Internship: Monday - Wednesday, 9 am - 2 pm CST

Independent Research: Thursday - Friday

Reading: Stein and Kim book

Project Product: Create introduction for paper and presentation.

Week 6: March 29th – April 2nd

Overall Goals: Present to at least 1 organization and continue data analysis, adding appropriate data where necessary.

Internship: Monday - Wednesday, 9 am - 2 pm CST

Independent Research: Thursday - Friday

Reading: Continue Stein and Kim book

Project Product: Create methodology for paper and presentation.

Week 7: April 5th – April 9th

Overall Goals: Present to at least 1 organization, and continue analyzing the data.

Internship: Monday - Wednesday, 9 am - 2 pm CST

Independent Research: Thursday - Friday

Reading: Finish Stein and Kim book

Project Product: Create background summary for paper and presentation.

Week 8: April 12th – April 16th

Overall Goals: Present to at least 1 organization, concluding the data collection. Continue analyzing data while still working with Period Equity to assist with their litigation process.

Internship: Monday - Wednesday, 9 am - 2 pm CST

Independent Research: Thursday - Friday

Reading: Lancet article

Project Product: Begin writing data analysis.

Week 9: April 19th – April 23rd

Overall Goals: Finish presentation with the help of on-site advisor. Continue analyzing data and writing the report.

Internship: Monday - Wednesday, 9 am - 2 pm CST

Independent Research: Thursday - Friday

Reading: Weiss-Wolf book

Project Product: Finish presentation and continue writing paper. Continue data analysis.

Week 10: April 26th – April 30th

Overall Goals: Continue analyzing data and writing report.

Internship: Monday - Wednesday, 9 am - 2 pm CST, last week of virtual internship

Independent Research: Thursday - Friday

Reading: Continue Weiss-Wolf book

Project Product: Finish data analysis.

Week 11: May 3rd – May 7th

Overall Goals: Change presentation if needed based on complete data. Continue writing report.

Reading: Finish Weiss-Wolf book

Project Product: Begin writing conclusion.

Week 12: May 10th – May 14th

Overall Goals: Finish report.

Reading: Bobel and Wilson articles

Project Product: Finish conclusion and paper. Have both reviewed by on-site mentor and BASIS advisor.

Week 13: May 17th – May 21st

Overall Goals: Begin practicing presentation on campus.

Project Product: Ensure PowerPoint is complete and presentation-ready.

Week 14: May 24th – May 28th

Overall Goals: Presentation week!

Project Product: Ensure PowerPoint is complete and presentation-ready.