



It's Summer-Time
When Learning is Fun!

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Summer is an opportunity to renew yourselves, and prepare your little one for the next school year



BUILD

CONFIDENCE TO BE
INDEPENDENT LEARNER



FACILITATE

SOCIAL AND EMOTIONAL
DEVELOPMENT



ENGAGE

IN FINE MOTOR ACTIVITIES
AND WRITING



Learning to Work Independently

“Education is not the filling of a pot but the lighting of a fire.” – W.B. Yeats

Let's take one step at a time

This school year was very different from a regular school year. Children who participated in online learning had not get the classroom exposure.

Hopefully, next school year we are going to have a more normal set up. Looking at a normal classroom, it is very important to help our children to be self confident and independent. Please remember to approach with baby steps.

1. Ask your child to make use of letters, sight words, word family charts to complete the tasks independently. Children and parents can create these charts together as well.
2. Once you see your child is completing a small task confidently, make the work little more challenging.
3. Be sure to be around in the beginning and eventually let your little one work independently.
4. To form a habit please practice working on at least one activity everyday.





Activities to practice

Materials

Keep materials and resources available

Explain

Explain what you are expecting

Provide one or two examples

Visit

For activities click on this [link](#)

Celebrate

Start with easy work

Reward them when work successfully completed

Expressing How You Feel

“The best way out is always through.” — *Robert Frost*



How Is Your Mood Weather Today?



This school year children had to balance a lot. Participating in online and onsite work, maintaining social distancing – they had quite a lot on their plates. The big change in children's social interactions has often brought anxiety.

Being able to understand the emotional state and being able to redirect negative emotions to positive ones provides them more power and control over themselves.

As parents, we need to be able to facilitate kids to express their emotions. Please visit [here](#) for some activities for your children.



Writing: Tool to Express

“Almost all good writing begins with terrible first efforts. You need to start somewhere.” – Anne Lamott





Why Writing Is Important?

Writing is not just an activity to develop motor skills, but also critical in developing coherent thought process and expression of ideas. It promotes creativity, as well as language and vocabulary development, among other things.

Writing has been an important part of everything the children did in class. It will be helpful to have the children be prepared for next school year as well.

Since early last year, more and more students' have been reliant on working with computers. While computer skills are necessary, I highly recommend making writing and pre-writing activities a part of a child's daily routine.

An example of writing activity is provided [here](#).

About The Author

Hello!

I am Anindita Gupta.

I teach Kindergarten at the School Of Science and Technology –Northwest, in San Antonio. Go Narwhal Nation!

I have a Bachelors degree in Psychology and Masters in History, and I am certified as teacher in Texas and in India.

I also have two little girls who attend Pre-K and 2nd grade at SST-NW. As a teacher and a charter mom, I enjoy sharing resources with parents to help children to keep busy during summer, just as I try to do with my own kids.

Happy Summer!